

NEWSLETTER

Principal's Address

High Expectations – what does that really look like at CLC?

A very quick google search will provide many links that describe the concept of high expectations, many of them linked to education. High expectations promote both students' academic achievement and their wellbeing. Research shows that the expectations of teachers, parents and peers can have a positive effect on students' self-esteem, feelings of self-efficacy and their academic motivation. These motivational factors are strongly linked to learning and achievement. High expectations is the attitude that you expect the best out of people at all times, about all things – not just the easy or convenient things, or when it suits.

When we were first establishing Coastal Lakes College – and finding out what our community wanted from their local educational facility, it was very clear back in 2018 that the community had high expectations for and of the college and the broader, ever growing community surrounding us. They wanted a college that was clear about what it stood for, that students were at the heart of decision making – and that what we put in place was all about ensuring success for students. It's not unexpected then, that the college needed to have high expectations of their students in order to facilitate and deliver on what the community wanted; success for all students can only be achieved through consistent high expectations of all involved – the college staff, the students and the families within our community. These high expectations range wide – from regular attendance, and attending the college with an attitude that allows for having a go – even when things are hard or new, or following the Department of Education's public school ban on mobile phones and smart devices at school, to the wearing of school uniform and following the directions/guidelines outlined in the enrolment process that we all signed to say we would uphold. All of these things add up to having high expectations...and high expectations lead to success for students, both in the short and long term.

We are always grateful that our families support what we are endeavouring to develop here at CLC. It is a journey – and every year that journey has added complexities to it as we grow and evolve. We need to continue to support each other; to demonstrate trust and faith in each other that we are all focussed on ensuring the best possible outcomes for the young people within our community – which is what we all agreed back in 2018 was the key fundamental factor we wanted to ensure was in place at Coastal Lakes College.

Warmest regards,
Kya Graves
Foundation Principal

From the Chaplain

Living & working in Mandurah & the surrounding area is full of natural beauty & amazing opportunities but sometimes we find ourselves in need of assistance and unsure of what is available.

There are many organisations in our community set up to help families directly. We have curated a list of some easily accessed community agencies available to our families. These are available on page 3.

Some agencies are better accessed through our College Chaplain. For items such as computer equipment, uniform or access to Foodbank please contact Margaret by phone or email: Margaret.Marriott@education.wa.edu.au for a discreet conversation about how we can help you.

Upcoming Events

23 June

Term 2 Showcase
STEAM Challenge

30 June

NAIDOC

2 July

Celebration Assembly
Last day of Term 2

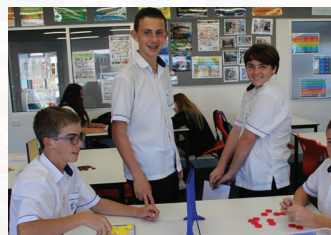
Student Services Update

Throughout the Term our Positive Support Team have been busy implementing a variety of intervention programs that focus on student success and wellbeing. These programs include Zones of Regulation, You Can Do It, Armed for Life, Resilient Me and the GOALS program.

Collectively these programs are designed to improve attendance, promote student engagement and encourage better behaviours in classrooms, making students better learners. We are also seeing improvements in teamwork, collaborative work and social interactions.

Our Manager of Positive Support, Wade Longworth spoke about the importance of robust programs, "Our programs are all about supporting student wellbeing. Our programs help to improve their social and emotional wellbeing, it's something for students to look forward to each week, something for them to enjoy and encourages them to become happy and successful students."

"At Coastal Lakes College we take a proactive approach to student wellbeing. A reactive approach doesn't solve the problem; it just puts a temporary patch on it. A proactive approach gives students an opportunity to develop the skills they need to work through their concerns and solve problems before they become big issues."



House Update

The Term 2 House System Competition is well underway, the competition this term will see students competing against other houses in Connect 4, Lego, Uno and Mario Kart.



TERM 2 EVENTS

HPE 96

WEEK 4: CONNECT 4



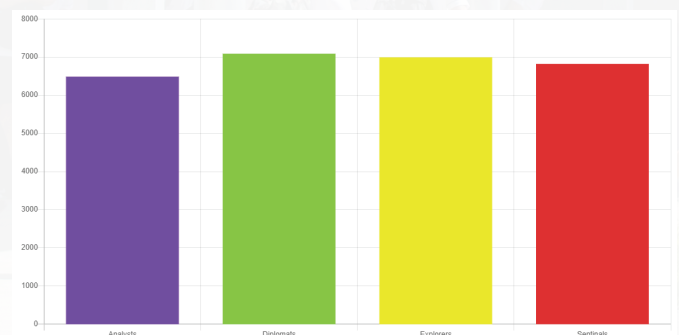
WEEK 6: LEGO CHALLENGE

WEEK 8: UNO



WEEK 10: MARIO KART

After 6 weeks of term the house cup tally is pretty tight:



There's still plenty of time left - students can continue to earn house points in different ways, by showing positive behaviours in the classroom and around school, by participating in house events and attending excursions.



COASTAL LAKES COLLEGE

Imagine, Believe, Inspire & Achieve.

Services available to Mandurah Families

Allambee	(08) 9535 8263 allambee.org.au	Support and counselling
Anglicare	(08) 9537 5603 www.anglicarewa.org.au	Community support through difficult situations
Beyond Blue	1800 512 348 www.beyondblue.org.au	Mental wellbeing support service
Bridging the Gap	(08) 9419 2553 bridgingthegap.org.au	Employment, career development and training services
Centrelink	1300 169 468 www.servicesaustralia.gov.au/individuals/centrelink	Health, social and welfare payments and services
Community Solutions	1300 621 499 communitysolutions.org.au	Register as a jobseeker to receive job support online or over the phone
Finucare	(08) 9581 1743 Food (08) 9581 1281 Financial Assistance www.finucare.org.au	Providing financial counselling, advocacy and financial outreach services
Food Bank	(08) 9581 9200 www.foodbank.org.au	Food relief
Halo	(08) 9586 2245 www.haloteaminc.org.au	Providing welfare assistance and support to members of our community
Headspace	(08) 9544 5900 headspace.org.au	Tailored and holistic mental health support to 12 - 25 year olds
Helping Minds	(08) 9427 7100 helpingminds.org.au	Supporting mental health issues for families, young people & adults
Lifeline	13 11 14 www.lifeline.org.au	Provide 24/7 crisis support and suicide prevention services
Mission Australia (Reconnect Peel)	(08) 9531 9400 www.missionaustralia.com.au/service-directory/186-children-families/reconnect-peel-mandurah	Supporting young people aged 12 – 18 who are at risk, living in Peel
National Debt Hotline	1800 007 007 ndh.org.au	Free financial counselling and debt solutions
Palmerston	(08) 9581 4010 www.palmerston.org.au	Support to individuals and families affected by alcohol and drug issues
Passages	(08) 9583 5160 www.passages.org.au	Providing support, practical needs and referrals to Young people aged 12 to 25 in Peel
Peel Community Kitchen	0420 293 538 www.peelcommunitykitchen.com.au	Provide meals and support to the community in need
Peel Community Legal	0450 482 087 0484 585 244 www.peelcls.com.au	Legal advice, credit and debt help
Relationships Australia	(08) 6164 0570 1300 364 277 www.relationshipswa.org.au	Support services for individuals, families and communities
Salvation Army	(08) 9535 4951 www.salvationarmy.org.au	Emergency relief
Vinnies	(08) 9535 9035 0428 490 005 www.vinnies.org.au	Provide emergency relief assistance with food, finances and support



Learning Area Update - HPE

In Health and Physical Education, staff and students have been making the most of the beautiful autumn weather we have had.

This term our Year 7 students have been learning how to play Badminton and Flag Belt Rugby, our Year 8's have been playing Tennis and European Handball, while our Year 9 students have also revisited Badminton and Flag Belt/Touch Rugby further improving their skill development and understanding of the game.

Throughout the year we have had a number of coaches and specialists come to the College and conduct training sessions with students. These coaches not only provide expertise within their sporting areas, they also act as role models to students, showcasing the importance of giving back to the community.

Coaches have included Darcy from the Western Australian Cricket Association, Ben from Peel Diamond Sports, Bradley from Volleyball WA and Angus from NRLWA. A massive thank you to each of you, we are incredibly grateful for your time, your knowledge and your passion.

At CLC, our students have a big passion for sport. Over the past few years we have developed a number of extra-curricular programs, after-school clubs and intervention programs that have sport components in order to match student interests.

We are very lucky in Lakelands to have such amazing sporting facilities, ones that enable a number of different clubs including the North Mandurah Football Club, Peel Diamond Sports, the Mandurah Junior Cricket Club and the Singleton Seaside Girl Guides. Strong sporting clubs help to create strong communities, not only are people healthier, they experience better mental health and strong connections with other people.

Sporting clubs also provide students with an opportunity to undertake paid and unpaid coaching and umpiring jobs within the local community, and gives those students an opportunity to give back to our Lakelands community.



After-School Clubs

At CLC timetabled classes ensure students are exposed to the core curriculum, while after-school clubs allow them to delve further into their interest areas. We have a wide variety of after-school clubs on offer. Clubs are generally run Monday, Wednesday and Thursday between 2:45 and 3:45. Be sure to check out our website each term for the full list of after-school clubs available.

Term 2, 2021 Schedule

Lego League

Monday 2:45pm-3:45pm | Digital Design 66

Creative Writing Club

Monday 2.45pm-3.45pm | Art 91

Mysteries of the World Club

Monday 2.45pm-3.45pm | Math 46

Music Club

Wednesday 2.45pm-3.45pm | Music Practice Rooms

Study Session

Wednesday 2.45pm-3.45pm | Library

Study Sessions will be run by one of our Head of Learning Area's

D&T Club

Thursday 2:45pm-3:45pm | Wood 57

Basketball club

Thursday 2:40pm-4:00pm | Gym

Manga Club

Thursday 2.45pm – 3.45pm | Library

Arts Club

Thursday 2.45pm – 3.45pm | Drawing 90



COASTAL LAKES
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Term 2 Highlights

Celebration Assembly

Our celebration assembly last week gave us yet another chance to celebrate success at CLC. Across each of our subjects, students received a values band for demonstrating one of our College values – Imagine, Believe, Inspire or Achieve.

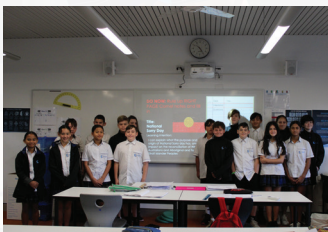
What was really impressive was seeing several of our students receiving multiple bands across different values. Congratulations to all of our students who received a values band.



Reconciliation Week

Our shared histories, cultures and achievements are important to us, and it is up to all of us to continue to play a role in working towards reconciliation.

This week some of our students had a chance to work with a special guest to discuss Reconciliation week and explore some important factors to do with reconciliation.



Pizza Making

Our Year 7 students who are doing food technology this week, have been demonstrating their impressive Pizza making skills.



National Simultaneous Story Time

This term we joined schools (and libraries) from across the world in National Simultaneous Storytime. This year the book was Give Me Some Space! by Philip Bunting and was read to some of our students on Wednesday 19 May at the same time that it was read by NASA astronaut Shannon Walker from the International Space Station.



Volleyball club

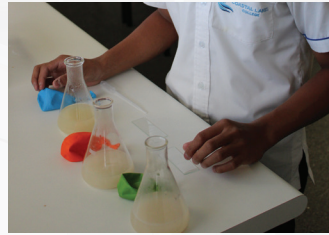
Our students love Volleyball – at recess and lunch we see a number of students practicing their digging and setting skills. We're recently introduced a lunchtime volleyball competition for students who want an extra chance to try out their skills.



Term 2 Highlights

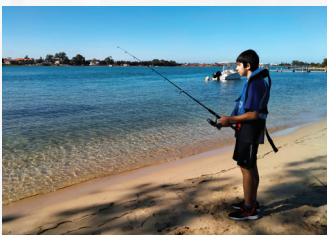
Science Experiment

Earlier in the term our Year 8 extension classes investigated yeast and the effects on it at different temperatures using microscopes.



Fishability

Students from our Inclusive Education Hub recently got to try their hand at fishing, thanks to the team at Fishability Mandurah. It was a first for most of our students and it's safe to say they had a great time.



Murdoch University Visit

Earlier in the Term our Year 9 students met with representatives from Murdoch University in an effort to encourage students to start exploring their future career pathways. The student ambassadors shared stories with our students about their own journeys and provided a taste of what students may be able to do in their own futures. By helping students to explore their passions and explore their curiosities, we aspire to show them how they may change the world.



Indoor Sensory Play Space

The Indoor Sensory Play Space in our Inclusive Education Hub has received some new additions, with a bubble machine, a fan, interactive projections and black light zone. The space provides our students with a fun way to self-regulate throughout the day.



NRL

This term we have had a special guest from NRLWA come in and impart his knowledge and skills with our students. The lessons were interactive and fun – students had a blast!



Jules Award

Congratulations to Jules, in Year 9 who recently won 3rd place in the Digital Art category of the CASM Masterpieces Youth Art Awards.



GOALS Program

This week we've also launched our GOALS Program – students can choose between Basketball, AFL, Netball and Volleyball.



Mindful May Poster Competition

In conjunction with *Act Belong Commit*, our school is running a 'Mindful May Poster Competition'.

The Competition is open to all Coastal Lakes College students.

- A4 poster – drawn, painted, digital or mix media... get creative!
- Theme – '**Act with mindfulness for good mental health**'
 - Listen to music
 - Going for a walk
 - Yoga
 - Meditation
 - Playing sports
 - Drawing or making art
 - Being out in nature
 - Reading a book
 - Dancing etc.

Please submit your entry with your name, class and house to student services by the end of week 7. Entries will be judged and the winner will be announced at the House Assembly.

3 of the top entries will also go into the *Mentally Healthy WA* State-wide competition Final.

