# Principal's Address

Blink and you miss it...

...That's how fast I feel this third term has moved, in fact, how 2021 has moved. I have been having many conversations with various people over the past month about how quickly time is moving – I'm sure you have similar conversations about life's pace, and maybe more specifically about how quickly time has passed since your child/ren started school! For us at Coastal Lakes College, it's about the fact that we are in our third year of operation – with all the associated growing pains and competing priorities that brings, and have begun to evaluate what needs to happen next:

NEWSLETTER

- 1. As you are no doubt aware, seeing as it has a huge visual impact as you drive past the College, stage two of our building program is well under way. They are on schedule and believe that they will make the completion date which is set for mid-December this year. Our English and HaSS teachers recently went for a tour of their new teaching blocks and were pleased to see how they were taking shape. As we had all our specialist classrooms in stage one, this is a fairly straightforward build. When complete, it will consist of general teaching classrooms with some additional Inclusive Education classrooms and new staff study spaces. The rooms will be very much needed next year as we are currently only just able to timetable all students into classrooms this year. The building schedule has allowed us to avoid the need to seek transportable classrooms being on site for the foreseeable future.
- 2. Next year, with students heading into Year 10 for the first time, we have spent a lot of time beginning to think about the structures and staffing we require to ensure that we are set up to pivot to the Senior School space and ensure that we set our students up for success as they begin that journey and transition. That means identifying teaching staff, as we do each year (we will be adding 16 new teachers for next year), but more importantly, identifying specific skills and knowledge areas that people have that we need to help us begin to develop career pathways for our students. We are going to need to be agile in moving to a model that allows for our staff to help students identify areas to explore career wise, and help them plan a pathway that allows them to achieve what they indicate they wish to do heading towards Year 11 and 12 and most importantly, beyond high school talk about time moving fast!
- 3. Lastly, the College Board has begun to look out our Business Plan. This was a document that outlined what and how the College would develop in its first three years of existence. It was about establishing the College and setting the scene. This has obviously been interrupted by a hiccup called a pandemic, but nonetheless, it needs review and some judgements made about what has been achieved and successful, and what does our data tell us we need to focus more on in the next three-year plan. This work will continue throughout Term 4 with the College leadership and staff, students and parents who will be asked to complete a survey providing some feedback. We will then begin to look for common themes and areas to create the priorities for our next Business Plan.

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Like all rapidly growing organisations, there are growing pains and unexpected hiccups along the way. I continue to be grateful for the support we have from the majority of our community and as always, remind people that whilst we have the highest of expectations of all those who are part of our College community, we make mistakes, things don't always go to plan but we learn, develop and grow and that's what makes us a stronger community. We must remember to have mutual trust and understanding as we work together as part of a bigger team to ensure success for all students.

Warmest regards, Kya Graves Foundation Principal

# **Coastal Lakes College Business Plan**

Our current Business Plan is up for review.

Our Business Plan is the overarching strategy of everything that we do here at Coastal Lakes College, so it's important we get it right.

The College, in collaboration with the Board, establishes a vision that reflects the needs and aspirations of the community. Being a new school, this vision is still evolving as we learn more about the needs of the College and our community.

Our current Business Plan was created in collaboration with our Steering Committee the year before we opened, with limited input from staff and the Board as we were still establishing ourselves.

Together with our College Board, we recently started the review process for our Business Plan – reviewing how we have gone and where are we going to ensure that we are meeting the needs of our community.

In the coming weeks we will undertake a similar process with our Leadership team and with our staff.

Later this week you will receive a link to a National Schools Survey. Results from the survey will be used as part of our self-review cycle and will also feed into our next iteration of the Business Plan. Your feedback is very important to us and we encourage all parents to complete the survey.









# **Coastal Lakes College Board**

As an Independent Public School, we have a College Board who work with the college community to achieve the best outcomes for students.

The College, in collaboration with the Board, establishes a vision for the school that reflects the needs and aspirations of the community.

Our Board play an important role in contributing to good school governance. They also help to provide us with the perspective of our community to ensure the College's priorities reflect the needs of our students.

The Board is made up of a combination of parents, community members and staff from Coastal Lakes College. The board understands that they do not intervene in the operational management of the College, that is the role of the principal.

For more information about our College Board, please visit our website.

# National School Survey

At Coastal Lakes College we believe that pastoral care and academic progress are linked and that a successful pastoral care program is a shared responsibility that relies on strong partnerships between the College, parents and our wider community.

Your feedback is an important tool in strengthening these relationships, it helps provide valuable insights and ensures that we continue to provide high quality learning opportunities for our students.

Our National School Survey will be opening very soon and we will be seeking your feedback in the survey. Please keep an eye on Compass notifications for more information.











# Learning Area Update - Science

This week is National Science Week - Australia's annual celebration of science and technology.

This year's theme is Food: Different by Design, honouring the United Nations International Year of Fruits and Vegetables and the International Year of Creative Economy for Sustainable Development.

This year our teachers have prepared a number of fun lessons for students to complete. Topics include

- Edible bugs
- Urban farming
- Biomass Energy Sources where students will burn different foods to see how much energy they contain, and
- A Forensics Mystery Investigation

Lunch time activities will include

- A periodic table competition
- Dry Ice Hockey
- A scavenger hunt and
- A Science Forensics Mystery activity

Movies from the 2021 International Science Film Festival will also be shown across the College.















# 2022 Subject Selection

Our Year 8 and 9 students will soon begin choosing their preferences for their Year 9 and 10 electives selection.

At Coastal Lakes College, we want our students engaged in their learning and for them to have some control over their learning pathways, that's why we let our students have input into their elective subjects.

Whilst it's somewhat uncommon for other schools to let students choose elective subjects for Year 9, we think it's important that students have an opportunity to explore their strengths and interest areas.

This year we will be using Subject Selection Online (SSO) to manage the process.

Allocations into elective units will come on a first comes, first serves basis, however the system enables students to provide their preferences for alternative choices. If a student doesn't get their first preference, we will do our best to accommodate other interest areas.

Additional information will be sent home via Compass, outlining how to use SSO and when the selection process will begin.



# R U OK? Day

R U OK? Day aims to inspire and empower people to meaningfully connect with (and start a conversation with) those around them who may be struggling with life.

R U OK? Day isn't the only day to ask how someone is doing, it's simply a day to raise awareness about the importance of checking in with mates to see how they are going. You don't need to be an expert to reach out - just a good friend and a great listener.

Our Positive Support Team have arranged for a variety of activities for R U OK? Day, empowering students to support their own mental health.

The R U OK? Website has some fantastic resources and help guides visit https://www.ruok.org.au/ for more information.

If you are concerned about the mental health and wellbeing of your child, please contact the College and ask to speak to a member of the Positive Support Team.

# Body Positive Workshop

Our school psychologist, Mel Edwards and our school nurse, Dawn Penlington are running a free workshop for students - Confident Me.

The workshop will cover a number of topics designed to promote body confidence including:

- Recognising appearance-related pressures
- Becoming savvy at critically consuming media
- Learning how social media promotes appearance ideals
- Strategies to promote and protect body confidence

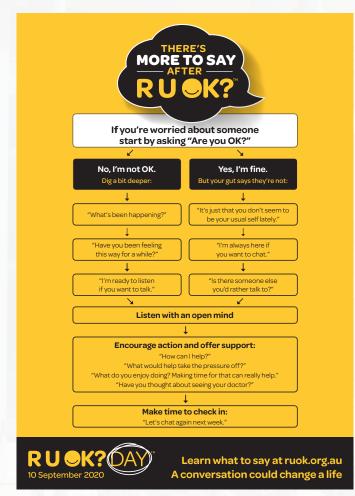
The workshop will be held during session 4 on Wednesday 1 September.

If you don't want your child to participate in the workshop, please contact the College on 9583 2800 and let us know.

More information will be sent home via Compass.

Confident Me:

School Workshops for Body Confidence



# Free workshop for students by The Butterfly Foundation

Students are invited to attend a workshop to:

- Recognise appearance-related pressures,
- Become a savvy critical consumer of media,
- Learn how social media promotes appearance ideals, and
- Develop strategies to promote and protect body confidence

The workshop will be facilitated by Mel Edwards our school psychologist and Dawn Penlington our school nurse in Week 7.

> Workshop details When: Wednesday the 1<sup>st</sup> September Time: Session 4 Where: TBA

The workshop will include A presentation by Mel and Dawn • Activities & Video clips • A post-workshop 'Fizzy-bottle demonstration' • A 'Supportive Network' activity

Please contact Student Services before week 7 if you DO NOT want your child to participate in the workshop.





# Why is going to school so important?

At school, many concepts such as literacy and numeracy are taught in a sequence. Missing school means missing out on learning – which can often make it difficult to catch up later. This is particularly important in the early years of high school when essential foundation skills are being taught.

Going to school every day helps children learn the important life skill of 'showing up' at school, at work, to sport and other commitments. When your child attends everyday they are building habits that last a life time.

It effects the whole classroom when students arrive late, or when students are absent.

# You need to let us know if your child will be away from school

You need to let the Attendance Office in Student Services know the reason why your child is going to be or has been absent from school as soon as possible.

Don't feel the need to 'cover up' the reason for your teenager's absence. This reinforces that you are taking over when things are difficult. Be honest so we can work with you and your teenager to improve their attendance.

Our Positive Support Team can provide advice and strategies if you are struggling to get your child to come to school.

Some common problems you may have getting your teenager to school:

- They won't get out of bed in the morning.
- They go to bed late at night.
- They take a long time to get ready in the morning.
- They haven't done their homework or are avoiding a test or assignment.
- They are watching television or playing video games before school.
- Experiencing uncomfortable social situations.
- Experiencing friendship breakdowns.

Having information about why your teenager is missing school helps us plan for their return, and to work out whether we can provide any further help to you.

For more information visit our website.

# **Career Pathway Planning Excursions**

We have a few upcoming opportunities designed to provide career pathway planning support for students.

These excursions are open to Year 9 students only and there are limited spaces available.

If you would like for your child to be considered for one of these excursions, please contact the College and ask to speak to one of the staff members mentioned below.

#### **Roy Hill Operations Centre Excursion**

Students can see in real time the operation of Roy Hill mine and learn what it takes to establish and operate a modern iron ore mining and export company.

Contact Rachael Symmons or Jasmin Watkins.

#### **CTF Excursion**

The Construction Futures Centre is an interactive venue with a range of exhibits that highlight the careers available in Western Australia's building and construction industry and demonstrates the industry's significance to the economic and social wellbeing of the State.

Contact Rachael Symmons to discuss.

# Upcoming Events

20 August Celebration Assembly

26 - 27 August Year 7 & 8 PSSA Carnival

# **1 September** National HPE Day

21 September CLC House Athletics Carnival

> 23 September Celebration Assembly

**24 September** Last day of Term 3



# COASTAL LAKES COLLEGE Imagine, Believe, Inspire & Achieve.

# Academic Extension Program Update

Year 9 Academic Extension classes have been using persuasive writing skills learnt in English across their HaSS and Science classes, applying cross-curricular links in their learning.

Year 8 Academic Extension classes have been extending their learning in Science by structuring their answers to algebraic equations and rearranging formulas to solve for different values.

Year 7 Academic Extension classes have been learning multiple ways to solve a maths problem, adding to their resource bank which will help them work smarter. In HaSS they have been linking concepts learnt to real world contexts and using A grade exemplars to improve their own answers to questions.

Our Coordinator of Academic Programs has been mentoring students (and families), helping them to develop effective study routines both in and out of school. Some of the methods used include planning and scheduling study sessions, regularly seeking feedback from teachers and persevering when tasks are challenging.

Curtin University student ambassadors will be visiting the College in Week 9 to run a STEM workshop where students will design and conduct a short investigation before testing a prototype design for a water rocket. This is an opt in incursion, students who are interested should see Mrs Watkins in the Science office.

# After School Clubs

Coastal Lakes College offers a number of afterschool clubs to suit a variety of student interests and are run in response to student demand. Clubs are generally run Monday, Wednesday and Thursday. This term we also have a couple of new clubs on offer – be sure to check the Term 3 schedule online at https:// coastallakescollege.wa.edu.au/teaching-learning/ extra-curricular-programs/

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# Good Study Habits

It is important to practice good study habits all year round, not just when you have an assessment due. This can be the key to becoming an effective student. 4 keys to good study habits:

#### **Time Management**

Schedule time each week to do some homework or revision, like you would schedule a work shift or a sport training session. Use a planner, diary or set a reminder in your phone. And then reward yourself for completing your study session.

#### **Organisational Skills**

Keep all your study materials in one convenient location. Make sure you have a clean workspace at home where you can sit and concentrate.

#### Set SMART goals

A common mistake when setting goals is making them too ambitious or too broad. Make sure your goal is SMART (specific, measurable, achievable, relevant and timely). This will help you actually stick to your goal.

#### Get those Z's

Studies have shown that sleep deprivation lowers our ability to focus and sustain attention for long periods of time. Form healthy habits early to ensure you get at least 7-9 hours of sleep each night.













# Term 3 Highlights

### Year 7 Food Technologies

Year 7 students have been learning about how we eat with our eyes. As food is the most photographed item uploaded to social media the focus was given to the importance of plating food attractively. Students explored their photography skills by using various natural settings throughout the school to get 'that shot'. They also discovered that there is a whole industry dedicated to food styling and photography and is a very highly sought after and lucrative business.





### The Science Behind Honeycomb

Our Food Technologies classes had a go at making honeycomb for science and technologies week.

To make honeycomb you need to caramelise sugar and add sodium bicarbonate.

The sodium bicarbonate reacts when you add it to the hot sugar syrup. This type of reaction is known as a thermal decomposition reaction which means that the heat of the solution breaks the chemical bonds within the chemical compound, creating a delicious dessert.



#### 2021 Wakakirri Performance

Throughout the year, 25 students across the College have been working with our Performing Arts teachers to choreograph a performance for the 2021 Wakakirri Story-Dance Competition which took place earlier this term at the Perth Concert Hall.

Students did a wonderfuljob (we got special mentions for best team work and best lighting and call design) and demonstrated our College values along the way – well done to everyone involved.



#### Alternatively Healthy Workshop

Earlier this term, our Year 9 girls participated in a workshop addressing some of the common issues surrounding perfectionism, comparison, social media and body image.

The 45-minute workshop run by local company, Alternatively Healthy, encouraged students to approach life with confidence, rather than comparison whilst highlighting the importance of a healthy mindset and outlook on life.







# Term 3 Highlights

### **Goolamwiin Presentation**

Earlier in the Term Year 8 students were treated to an engaging presentation from Kerry Stack, exploring topics such as accepting who we are, acknowledging who others are, respecting each other and how that's the big step to communicating.

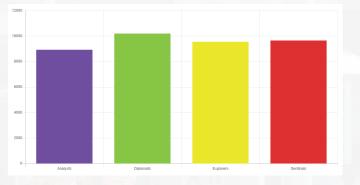
The presentation was originally scheduled for NAIDOC Week in Term 2 but had to be rescheduled due to COVID restrictions.





# House System Update

Our house competition is still very tight - with the Diplomats holding a small lead over the other houses - but it's still very much anyone's competition at this point.



Students have an opportunity to earn extra points for their house by participating in our lunch time activities.

-Week 4; Spelling Bee in HPE96

-Week 6; Timed Rubik's Cube Challenge in HPE96

-Week 8; Who can fly their paper aeroplane the furthest? In the Gym (Monday Year 7's and Wednesday Year 8's & 9's only)

-Week 10; Wii; Mario Kart

In week 10 we will also be launching our House Point Shop. Students will be able to trade their house points in exchange for prizes at the shop!

> COASTAL LAKES COLLEGE

Congratulations

Congratulations to the Knight and Barlow families who have both won a \$50 Voucher to be spent at Lakelands Shopping Centre in our "pay your fees in full and win" competition.

Voluntary Contributions are used to purchase textbooks, materials and other important resources that are used by students in their everyday classes.

The payment of these fees provides important funding which helps to enrich the programs we deliver at Coastal Lakes College.

A massive thank you to the team at Lakelands Shopping Centre for the vouchers.

