

# Principal's Address

A full and busy term!

As we head into the Easter break, it is difficult to comprehend just how fast the term has moved. Our staff and students have been involved in a number of projects and programs, not just within their classroom, all focussed on ensuring students at Coastal Lakes College have access to amazing opportunities and learning experiences. It has been lovely to see students enjoy opportunities to head out of the College to explore STEM skills initiatives. Our Achieve Pathway students have been working with our Primary Schools, weekly, to support learning occurring in the classrooms of our cluster Primary Schools. This enables work experience opportunities for our older students, community service initiatives and multiple opportunities for our students to support, and be a part of, sporting competitions in the local area. It was reported to me recently that students at Coastal Lakes College understand that they have access to numerous opportunities to grow and develop at the College, they only have to step up and take what is being offered!

I mentioned in the previous Newsletter that we had our scheduled Public-School Review booked for week six of this term. It was an extremely validating experience for all involved. The process allowed us to take a step back and evaluate our progress to date since opening in 2019. I would like to extend my thanks to students, staff and the College Board who made the time to speak with the School Review team on the day.

We have now received our final Report, which will be published on our website for a period of twelve months. We are very pleased with the Report and believe it to be accurate as it highlights the

where we need to continue to focus our energies moving forward.

The recommendations within

the Report were not a surprise for us, in fact, we had already highlighted them in our initial submission to the Reviewers. The College is scheduled for our next Review mid-2026. If you have the time, I recommend reading the Report, which will be available on our College website at the beginning of next term.

As we head into cooler weather next term, I wish to highlight to families that we are still experiencing many colds, flus, and cases of COVID in the community. If you require RATs to test for COVID, please come into the Administration building and we can supply your family with as many as you need. I also wish to remind families of the need to be organised in advance with the Uniform Shop to ensure correct uniform is worn as it gets colder. Students have been reminded of the uniform requirements in the past two weeks in anticipation of the weather turning over the break.

In closing for term one, I wish to share the fact that I am going on leave next term. Mr Paul Cooke, currently the Associate Principal, will replace me for the term. We are fortunate at Coastal Lakes College to have a highly experienced Leadership Team who will be able to continue to progress the College forwards in preparation for 2024 – and our first official Year 12 graduating class.

I wish everyone a safe and happy break, reconnecting with family and friends!

Regards

Kya Graves

FOUNDATION PRINCIPAL



#### **Business Plan 2023**

Over the course of this year, the College will be including snapshots of our progress towards set Business Plan targets so our college community can see more of our student achievement data and track our progress towards key goals that we have set out to achieve as a College.



I would like to share with you our Semester 1 and Semester 2, 2022 Attitude, Behaviour and Effort data. At Coastal Lakes College we see attitude, behaviour and effort as the pre-conditions for student success not only academically, but in all school-based pursuits. Our messaging about the importance of adopting a 'can do' attitude, engaging in positive behaviour and demonstrating high levels of effort in the learning process is clear and consistent. If maximising student learning and achievement is the outcome, then consistently demonstrating in one's learning a 'can do' attitude, positive behaviour and high levels of effort, is very much the **process** that enables students to achieve this outcome.

Our ABE data was excellent overall in 2022, in what was a year like no other! This is testament to our fabulous students who despite the challenges and disruptions in 2022, retained the necessary resilience and mindset to approach their learning and personal conduct in such a positive way - as observed by their teachers and outlined in the tables below.

We have a specific target in relation to our ABE data achievement across Year 7 - 10 and its outlined below:

Business Plan Target 2: In Year 7 to 10, 80% of students will achieve "consistently" or "often" in the Attitude, Behaviour and Effort (ABE) data set across the eight domains, in all learning areas, each semester.

#### ABE Data Semester 1, 2022



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Target 2: In Year 7 to 10, 80% of students will ach five domains, in all learning areas, each semester

Works to the best of his/her ability		Attribute 1 ( <b>80.7)</b>	Con 46.9%	Oft 33.8%	So 15.7%	Sel. 3.0%	Nev 0.6%	
2. Shows self-respect and care		Attribute 2 ( <b>89.1)</b>	Con 58.8%	Oft 30.3%	So 8.9%	Sel. 1.4%	Nev 0.6%	Ī
3. Shows courtesy and respect for the rights	of others	Attribute 3 ( <b>87.7)</b>	Con 56.8%	Oft 30.9%	So 9.5%	Sel. 2.2%	Nev 0.6%	
4. Participates responsibly in social and civic	activities	Attribute 4 ( <b>86.4)</b>	Con 54.3%	Oft 32.1%	So 10.9%	Sel. 2.0%	Nev 0.6%	Ī
<ol><li>Cooperates productively and builds positive</li></ol>	e relationships with others	Attribute 5 ( <b>86.8)</b>	Con 54%	Oft 32.8%	So 10.5%	Sel. 2.3%	Nev 0.4%	Ī
6. Is enthusiastic about learning		Attribute 6 <b>(80.6)</b>	Con 46.9%	Oft 33.8%	So 5.7%	Sel. 3.0%	Nev 0.6%	
7. Sets goals and works towards them with p	erseverance	Attribute 7 ( <b>82.3)</b>	Con 48.6%	Oft 33.7%	Som. 13.8%	Sel. 3.3%	Nev 0.6%	Ī
8. Shows confidence in making positive choice	es and decisions	Attribute 8 (84.4)	Con 49.8%	Oft 34.6%	Som 12.4%	Sel. 2.6%	Nev 0.8%	

The ABE Data for Semester 1, 2022 indicates that we achieved our target, with over 80% of students achieving "consistently" or "often" in relation to the eight ABE focus areas outlined above.

### ABE Data Semester 2, 2022



rget 2: In Year 7 to 10, 80% of students will achieve "consistently" or "often" e five domains, in all learning areas, each semester	in the Attitude, Beha	viour and	Effort (	ABE) dat	a set ac	ross
1. Works to the best of his/her ability	Attribute 1 (79.1%)	Con 45.5%	Oft 33.6%	So 15.9%	Sel 4.3%	Nev 0.6%
2. Shows self-respect and care	Attribute 2 (86,7%)	Con 61,4%	Oft 25.3%	Som. 9.9%	Sel. 2.8%	Nev 0.6%
3. Shows courtesy and respect for the rights of others	Attribute 3 (86.6%)	Con 60.7%	Oft 25.9%	Som. 10%	Sel 2.7%	Nev 0.6%
4. Participates responsibly in social and civic activities	Attribute 4 (85.0%)	Con 57.7%	Oft 27.3%	Som 11.6%	Sel 2.8%	Nev 0.6%
5. Cooperates productively and builds positive relationships with others	Attribute 5 (84.7%)	Con 56.4%	Oft 28.3%	Som 11.7%	Sel. 3.0%	Nev 0.6%
6. Is enthusiastic about learning	Attribute 6 (78.3%)	Con 48.2%	Oft 30.1%	Som 16.0%	Sel. 5.0%	Nev 0.6%
7. Sets goals and works towards them with perseverance	Attribute 7 (80.0%)	Con 49.6%	Oft 30.4%	Som 14.6%	Sel. 4.8%	Nev 0.6%
8. Shows confidence in making positive choices and decisions	Attribute 8 (82.3%)	Con 53.2%	Oft 29.1%	Som. 13.%	Sel 2.6%	Nev 0.8%

The ABE data for Semester 2, 2022 indicates that 80% of students achieved "consistently" or "often" in six of the eight focus areas above. This data evidences that we achieved Business Plan Target 4 in 2022.

As a College we believe consistency in attitude, behaviour and effort is one of the key indicators to student success both at school and in their post school pathway.

We are proud of our student's efforts in this area in 2022 and we hope to see this positive trend in our ABE data continue throughout 2023 and beyond.

# Chaplain's Address

Hi everyone,

I am hearing stories from students and families concerned with 'less than ideal' social media interactions between friends, bullying, cohersion to behave badly and sharing of passwords just to name a few.



It really is a bit of a minefield.

Adults and teens use these platforms very differently and adults are often surprised when the ugly side of social media reveals itself.

Recently I found a a helpful resource in the form of a Social Media Contract. This is available on the website www.lindastade.com.

Linda Stade is a Western Australian education writer, speaker and consultant. She has some helpful views on parenting, friendships and social media.

# Positive Support Team Update

#### **Growth Mindset**

A young person's belief in their abilities to succeed is a key factor in being motivated and having the ability to achieve. Youths who focus on learning like to try new strategies or commit to hard work which promotes a growth mindset. Those who believe they cannot improve over time have a fixed mindset. This mindset prevents you from learning from mistakes.

An activity that consolidates learning is self-reflection, which is especially important to cultivating mindset. Setting aside 10 or 15 minutes every week to self-reflect helps. Some questions to reflect on include:

- When did I have a fixed mindset?
- When did I have a growth mindset?
- Why did I have a fixed or growth mindset?
- · As a result of either mindset, what did I learn about myself?
- Next time, what can I do differently?

Keeping a daily diary to reflect allows you to notice patterns and associations which promotes further learning and self-awareness.









# Career Pathways Update

As part of the Certificate II in Community Services, students are required to complete 20 hours in a community service placement.

Coastal Lakes College has partnered with Youngster.Co to provide students with the opportunity to complete the mandatory hours. This intergenerational program connects the youth of today, with older members of our community. Students will be assisting seniors with the use of technology at Lakelands Shopping Centre each Tuesday. This program has many benefits for Coastal Lakes College and for our students including:

- · connecting our youth with our seniors in our community
- forging positive relationships and interactions with community members
- allows students to complete their 20 hours of community service
- students can be paid during school holidays
- Students completing 10 or more sessions can access the Google Career Certificate Program at no cost, leading to opportunities to connect with leading employers across Australia.



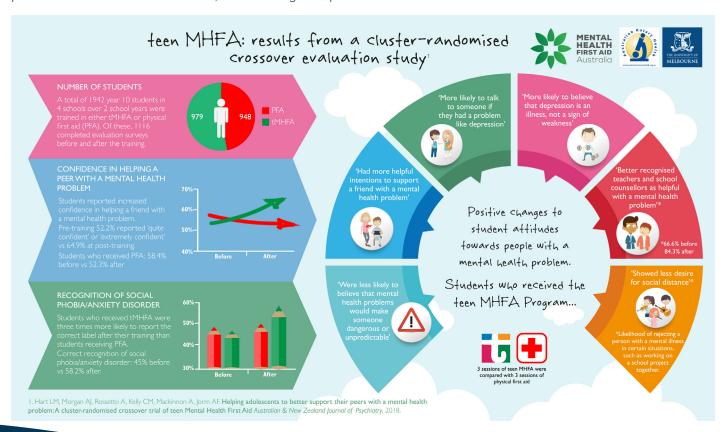


# Teen Mental Health First Aid

With adolescence being such an important time of change, knowing how to support good mental health can have a significant impact on a range of different aspects of life including friendships, school attendance, academic achievement, and physical and psychological development. At Coastal Lakes College, we recognise the impact various stressors can have on our students within these areas and the opportunity we have as a College to provide them with the tools to build resilience and confidence. An earlyintervention course that teaches practical skills to use in everyday life such as Teen Mental Health First Aid, can significantly benefit the mental health and wellbeing of our students and their ability to cope with life stressors in the future. Teen Mental Health First Aid is an evidence-based training course that is delivered by trained professionals and has shown to have a positive impact on student's attitudes towards mental health, their level of confidence to help a friend with a mental health problem, and their desire to be more socially connected within their school community.

At the start of term 1, students in Year 10 attended Teen Mental Health First Aid training over three consecutive weeks where they learnt skills to recognise mental health problems and crises in their friends, and how to get help from an adult. Evidence suggests that youth often turn to each other when upset or stressed and try to help – often taking on too much on their own. Teen Mental Health First Aid teaches the essential skills required to build better self-awareness, access appropriate support, and not take on these problems alone. In addition, the training provided students with the opportunity to learn about signs of a developing mental health problem, different types of mental health professionals available including supports available at the College, and how to use a practical action plan (Look, Act, Listen, Help Your Friends) that applies the key component of Mental Health First Aid to a range of situations.

Feedback from students who attended the training found that overall students felt it was very important to learn the skills covered in the training, found the content helpful and practical, and easy to understand and apply to everyday life. Coastal Lakes College is one of the many high schools across the state taking a proactive approach to mental health and wellbeing by providing our students with the opportunity to attend Teen Mental Health First Aid training, setting them up to become confident, resilient, and highly capable individuals.





# Learning Area Update - The Inclusive Hub

# Food Science & Technology

Within the Year 11 Inclusive Education Food Science and Technologies
Preliminary Course, students are given a range of opportunities to develop their life skills within the kitchen.
Currently, students are investigating reasons for eating food and choosing ingredients that are healthy choices to meet the needs of the body.

## Passion for Dance

Each student is encouraged to explore different movements and how they can create different shapes and patterns in groups. Exercises and routines are designed to improve participants range of motion, flexibility and strength.

This class will also provide an opportunity for students to build their confidence, spacial awareness, rhythm and endurance, all whilst having fun with other like-minded peers at Coastal Lakes College.

#### Lakelands Excursions

This term students have begun utilising the Lakelands Library and Community Centre to introduce them to what is available in the community. Students may be able to access the Centre without assistance if they feel comfortable and excursions such as this, encouge them to get to know the facilities and staff.

Coastal Lakes Colleve students have also begun utilising Muffin Break as part of this learning as well. They learn to order their own food or drinks, how to sit and wait in a cafe and in a public space. There is learning about money and road safety whilst travelling to and from the venue.

## **Minecraft Sessions**

In the multi classroom Minecraft session, all students joined the same world and respected the rules of the owner.

For teens who need support with everyday social situations, this group were all interacting while developing skills in design and coding. With a little jazz music and the lights dimmed for ambience, students had an enjoyable end to a long week of learning.



#### Dance

The students have been busy creating their own dance stories and characters. They have been building their 21st Century skills as they were challenged to create a prop using recycled materials which they will use in their dance to help tell their story. This used both creativity and perseverance as they worked to make their ideas become three-dimensional.

The next step is to problem-solve and work out how all the characters and props can come together in one wonderful dance piece and the class decided that creating a backdrop will help to do this. Students demonstrated their collaboration skills in class as they all worked together to start painting the backdrop.











# Learning Area Update - Humanities and Social Sciences

#### Hass Week

Staff have been busy planning and running lessons, activities and an incursion for our students and they even participated in a dress up day.

## **Australian History**

A time line activity with a focus on world events and Australia's political and economic history was explored by our Year 9's. Students worked in groups to research each decade starting from the early 1900s and compiled their time lines to create a classroom display piece.

## **Food Security**

Year 9 students also participated in a geography incursion based on food security. The students were divided into 3 groups that represented high, middle and low income groups. They were then taught about the daily food quantity available to each of these groups based on 2022-2023 statistics.

#### Year 9 World War 1

ANZAC Day is approaching and our students were involved in a World War 1 lesson where they learn about how the war commenced and they created a time line of events. Students also learnt to create origami poppies and their significance to Remembrance Day.

#### Year 10 World War 2

Our Year 10's participated in a World War 2 battle game. The class was split into 2 sides and each side had to use strategies and their allocated resources to defeat their opponents.

# Library Exhibition

Mr Letchford displayed pieces from his personal collection which included a replica of the Bayeux Tapestry, newspaper clippings and miniatures.

The tapestry is a piece of propaganda justifying why William The Conqueror was the rightful king of England. It also shows the famous Haley's Comet, a comet which visits Earth every 75-79 years.

The news clippings are real newspapers from World War 2. It includes a British front page during the Blitz, and talks about the British shooting down German bombers and providing recreational therapy for injured pilots. The second clipping is an Australian newspaper boasting of an Australian victory along the Kokoda Track against the Japanese.

The miniatures include German and Russian soldiers from World War 2, a Russian tank, Viking raiders, Roman legionaries and French infantry from the Napoleonic Wars.





















# **House Point Update**

House Point Tally					
Diplomats	34, 498				
Explorers	28, 517				
Analysts	30, 531				
Sentinels	30, 744				

Top students from Diplomats are Zeke B. and Lilly M

Top students from Explorers are Mitchell W. and Miley D.

Top students from Analysts are Dante K. and Jaimee T.

Top students from Sentinels are Eli B. and Brigit P.



# Ride2School Day

Ride2School day 2023 was a big success. We had lots of students successfully walk and ride to college with most students arriving safely with helmets.

We encourage all students to ride carefully and be aware of the traffic, particularly around the school zones. It was a positive morning with raffle tickets being given to students and prizes for students throughout the day.

Ride2School is a nationwide program designed to support schools to encourage, empower and enable more students to get physically active on their journey to school.





## Student Voice

Coastal Lakes College is looking for a student from in each class to lead the 202<mark>3 student voi</mark>ce team. Student voice is a student led government that has an active role in creating decisions within the College. Student voice acknowledges that students have unique perspectives on learning, teaching, and schooling, and should have the opportunity to actively shape their own education and school environment. Student voice involves students actively participating in their schools, communities and the education system, contributing to decision making processes and collectively influencing outcomes by putting forward their views, concerns and ideas. The student voice will commence their first forum in week two, term two.



# **Epilepsy Awareness Week**

In Week 8 of this term the College participated in or first major fundraising event to raise money for EpilepsyWA.

Throughout the week students participated in events across the College including, beanbag toss and basketball competitions, lucky number board and guess the number of jellybeans in the jar.

Sausage sizzles were held Tuesday-Friday and the colour purple was seen flooding these events to raise awareness for Epilepsy.

The College raised a total of \$1515.75, doubling last years amount. These funds have been donated to EpilepsyWA to support the foundations efforts in spreading awareness regarding this disorder.

Thank you to all who were involved in the fundraiser. A special thank you goes out to Adam G. and Secret Harbour Butchers for your kind donations towards our fundraiser.

















COASTAL LAKES
COLLEGE

magine, Believe, Inspire & Achieve

# Senior School Update

# Murdoch University Year 11 & 12 Exploration Day

Murdoch University will be hosting a Year 11 and 12 Exploration Day event on the 11th and 12th of April. This free event will be an invaluable opportunity for students to see what is in store at University and to experience everything Murdoch has to offer. Students will enjoy guided tours, meet and greets with staff and current students, interactive workshops specific to your area of interest and much more over the course of the afternoon.

For more information and registration details, <u>click here</u> or visit murdoch.edu.au/events and locate the Year 11 & 12 Exploration Day event.



Select Year 11 students visited Lake Clifton to look at the effect of fire on ecosystems. There was a bush fire that went through Lake Clifton in 2020 and students were exploring the new growth of flora and fauna. They will compare the data they collected at this site to an earlier excursion to Black Swan Lake in Lakelands.

Students were able to document and identify a number of different plant and animal species, such as peppermint and tuart trees, numerous spider and insect species, as well as the thrombolites. As a part of the ATAR Biology course students are developing their field work skills, using quadrants and transect lines to count populations of species present.

# Year 11 Human Biology

Year 11 Human Biology students have been investigating the effects of exercise on the cardio-respiratory system.

Students were required to use modern simulation technology and applied real world analysis and teamwork skills to collect data and demonstrate the physiological effects of exercise on the human body.











# Positive News at Coastal Lakes College

#### Sustainable Fashion Show

This term, Year 7 students used sustainable materials to design outfits and then presented their creations in a fashion show. This activity builds creativity, fearlessness, and stage presence whilst encouraging teamwork.

The students explored the importance of recycling and were challenged to use their imagination and creativity by using unconventional materials with their designs.

# **World Autism Day**

We at Coastal Lakes College are a community of many unique individuals. April 2 was World Autism Understanding Day and the entire month of April is all about celebrating diversity, learning together, spreading awareness and igniting change to make the world a more inclusive place for all.

This year, our teachers wear all the colours of the spectrum to spread acceptance and ignite change!

# Lakelands Primary School Transition Day

We welcomed students from Lakelands Primary School this term who will be joining us in 2024. They participated in a variety of activities such as music, physical education and they explored visual arts by making and decorating origami eyes!

# Celebration Assembly

Our celebration assembly this week gave us a chance to celebrate success at Coastal Lakes College. Across each of our subjects, students received a values award for demonstrating one of our College values – Imagine, Believe, Inspire or Achieve.

What was really impressive was seeing several of our students receiving multiple bands across different values.

Congratulations to all of our students who received a values award.











# Term 1 Values Awards

	Year 7	Year 8	Year 9	Year 10	Year 11 ATAR	Year 11 General
			Maths			
Imagine	L Heathcote	K Mote	J Foster	Bebbington	P Tamomo	H Skinner
Believe	A Nathan	l Van Der Snoek	C Rendell	A Caulfield	S McGreesh	E Draper
Inspire	M McCormack	E Kirkwood	S Prasad	S Hewson	M Smith	C Walley
Achieve	H Gau	l Hansen	B Farrugia	E Lamb	M Finnigan	M Langford
			English			
Imagine	L Murray	V Casey	A Holder	E Lamb	M Wilde	K Clark
Believe	T Ng	F Walker	A Mercado	T Hutchison	S Packer	C Pate
Inspire	M Sherrell	S Chiricosta	Z Macdonald	J Young	E Candido- Herbert	K Warland
Achieve	C Tinkler	J Kosonlawat	M Pismiris	S Hewson	J Kosonlawat	E Passinissi
			Science			
Imagine	l Farugia	R Collins	L Hughes	L Chirichilli	M Smith	B Kaciuba
Believe	S Loo	T Smith	W Brooks	N Tancred	T Bielecki	C Dixon
Inspire	M McCormack	H Cronin	H Hulland	Z Weggers	M Wilde	T Ward
Achieve	M Radegonde	F Walker	G Martin	J Young	R Bennetts J Howe	J Greatbach
			HaSS			
Imagine	T Bloomfield	N Hines	C Matteo	J Young	S Ody	K Savage
Believe	S Ridley	L Huggins	R Walton	M Proctor	S McGreesh	N Thompson
Inspire	L Slade	A Sanger	T McDonald	N Kaur	J Kosonlawat	W Weir
Achieve	T Robertson	I Cherrington	K Titmus	E Givens	A Stark	E Pusey
			Physical Educa	tion		
Imagine	A Darwell	K Gaymer	C Rendell	M Young		M Fairbrass
Believe	B McIver	E Shaw	A Mercado	J Harrington		C Pate
Inspire	T Teaia	T Davies	S Jones	E Lamb		S Hooper
Achieve	B Ritchie	C Radford	J Ellis Z Park	J Tolley-Clark	L McGinnis	M Finnigan
			Health			
Imagine	H Gau	C Smart	B Gosen	S Warwick	E Radegonde	A Kovacevich-Lea
Believe	T Robinson	H Salmon	A Luan	l Singian	D Davey	l Hutt
Inspire	A Robinson	J McCormack	A Thomas	S Hewson	A Stark	T Manning
Achieve	R Shier	S Chiricosta	F Sweeney	M Barnes	S Ody	T Lutey



# Term 1 Values Awards

	Year 7	Year 8	Year 9	Year 10	Year 11 ATAR	Year 11 General
			Technologie	s		
Imagine	Jaxon Horton	C Bill	K Titmus	V kapousouzis		X Brooks
Believe	A Robinson	B Bellman	W Brooks	C Smith		S Groos
Inspire	Z Brenton	H Salmon	A Belleville	Z Weggers		J Went
Achieve	S Sinclair	D Cunningham	S Lucas	S Kirkwood		K Warland
			Arts			
Imagine	R Hone	H Cronin	S Pipicelli	L Beard		M Seinor
Believe	B Pandhaal	C Bill	A Holder	J Geronimo		J Wainwright
Inspire	T Todd-Stephens	R Wilson	M Beard	P Gunton		K Wreford
Achieve	G Shepherd	T Davies	X Cope	K Webster		M Hart
			IE Awards			
Maths	S Lemmon					L Silcock
English		G Thomas	J Knoetze			l Lyons
Science		N Dall	M Critchlow			
Physical Ed.		J Tordoff	J Knoetze	T Davies		
Health		D Heyton		T Davies		
Technology		L Aquilina	N Blanch			C Ward L Silcock
Arts			R Ellem			B Felstead
			IL Awards			
Maths	A Weal					
HaSS			N Adamson			
Physical Ed.	B Hosking T McDonald	C Felstead		J Hill		
Health	S Pickersgill	A Cooper				
Technology	S Draper	R McConnel R Collins				
Arts				J Challis		
	Year 11 VDP	Work Placement				
Achieve		T Weeks				
Maths	R Barndon					
English	T Weeks					
Physical Ed.	C Scarrott					



# **Upcoming Dates**

Event	Date
Celebration Assembly Last Day of Term	6 April 2023
First Day of Term 2	26 April 2023
Parent Teacher Conferences surnames beginning A-L	27 April 2023
Year 10 Parent & Student Senior School Information Night	27 April 2023
Year 6 Parent & Student Information Night	2 May 2023
Parent Teacher Conferences – surnames beginning M-Z	9 May 2023
Year 10 Parent & Student Senior School Information Night	9 May 2023

