



Principal's Address

It's been a super busy start to the term, but one that has seen our students take part in some great opportunities and achieve some excellent outcomes in the classroom and in a range of co-curricular activities. As I write this article, our Year 10 students are completing their exams and our Year 11 ATAR students are preparing for their Semester One exams. We wish every Year 10 student and all Year 11 ATAR students all the very best.

As you know, the success of our students at College and the high expectations and positive culture the College continually seeks to uphold, is supported by the strong working relationships that exist between students, parents/caregivers and College staff. Currently, the College has a couple of key areas where we are really trying to drive improvement and part of this improvement effort requires parent/caregiver support as key stakeholders in their child's education.

With the onset of the cooler weather, we have been noticing more students arriving at school in incorrect school uniform. This looks like students wearing hoodies, non-school uniform jackets, jumpers, tracksuit pants and non-white under shirts. This week via COMPASS we have launched an infographic reminding parents/caregivers and students what constitutes correct school uniform at Coastal Lakes College. The infographic also details the uniform shop contact number and opening times, so parents/caregivers can make arrangements to purchase winter items that student's may not have. There

are payment plan options to assist with the purchase of school uniform items and if you are experiencing hardship, please contact our Positive Support Team who can communicate a plan in partnership with you to ensure your child is in correct College uniform.

Parents and Caregivers can support the College with maintaining high standards of College dress by:

- Reminding their child of the College's uniform expectations
- Asking their child to to remove incorrect items before they leave the house in the morning
- By being responsive and supportive of the College's follow up plans and consequences for students not been dressed in correct school uniform and
- Being proactive in contacting your child's House Leader if there are special reasons why your child is not dressed in correct College uniform.

We understands that students will need to be picked up from College to attend appointments from time to time, but we require knowledge of this before parents/caregivers arrive at the College to pick their child up. To limit disruption to classroom teaching and learning and to ensure you can collect your child in the quickest way possible we require parents/caregivers to:

- Place a note in their child's diary indicating the time you need your child to leave class which they can show to their teacher and walk up to the Positive Support Team administration building ready to be picked up.
- Contact the College and select the Student Services option to inform one of our staff members that you will be picking your child up on a particular day and time, prior to the day of the appointment.

In closing, I would like to thank all staff and students for their hard work and commitment to ensuring the best educational outcomes for every child at Coastal Lakes College so far this semester. We are very proud of our students and their achievements and I look forward to sharing more of these with you in our next newsletter.



Chaplain's Address

Hi everyone,

Coping with a teenager who refuses to go to college can be an immense challenge, straining your relationship with them and impacting your family and home life. School refusal refers to when a young person experiences intense distress and anxiety surrounding college, leading them to outright refuse attendance. This can present as distress, frequent health complaints, class avoidance, leaving college grounds, or consistent absenteeism. In some cases, just the thought of going to college can trigger physical symptoms such as vomiting, loss of appetite, trembling, or even panic attacks.

It is important to distinguish school refusal from regular truancy. While truancy involves concealing absences from parents or caregivers, school refusal is openly refusing to attend due to a belief that the student cannot handle it.

Determining the best course of action to support your teen while maintaining their well-being can be difficult. Moreover, their refusal to attend college might mean you need to take time off work, reduce your hours, or even leave your job, which can significantly affect your family's financial stability and overall welfare.

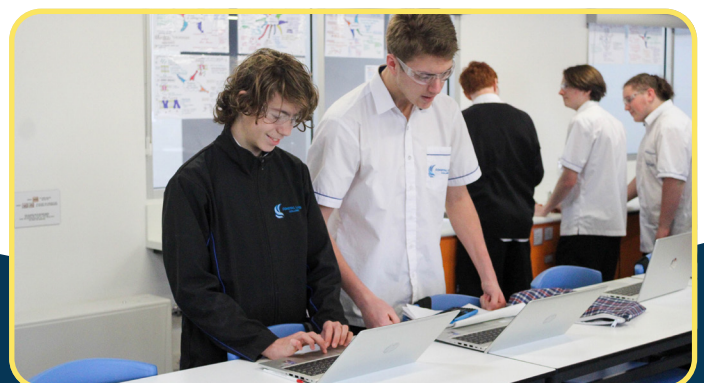
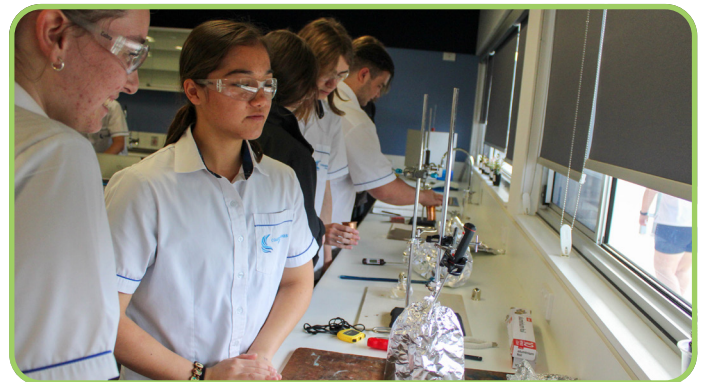


Here are some strategies to help address school refusal:

- Establish a consistent morning and evening routine.
- Prioritize mental health support rather than solely focusing on enforcing college attendance.
- Encourage open and honest conversations with your teen.
- Recognise the factors that are within your control and those that are not.

It is important that as parents, you adopt self-care strategies to support your own well-being throughout these challenges.

There is no 'quick fix' for this situation but a consistent unified approach with families & the College, working together will often positively impact the behaviour. If you notice signs of school refusal in your child, please don't hesitate to reach out to me for advice and an individualized plan to assist you and your family during this challenging time.



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Positive Support Team Update



Zones of Regulation

Coastal Lakes College has a significant focus on the social and emotional well-being of all students. To align with this, the Zones of Regulation Intervention Program is delivered by a trained Special Needs Education Assistant. This program supports the development of skills to be able to identify and regulate feelings, energy and sensory needs based on the situation we are in.

Students who are identified as requiring support attend a 1-hour long session each week, in small groups or 1:1 sessions. These sessions are a combination of hands-on activities, role play and discussions to support students in recognising emotions/feelings within themselves and others, linking them to a specific zone, identifying appropriate responses, along with the creating a 'Toolbox' of strategies to manage these emotions. This assists in the development of healthy relationships, the ability to manage big emotions and meet individual goals.

The Zones of Regulation Framework and curriculum is embedded in all learning areas and classrooms throughout the College, fostering a whole College approach and ensuring inclusivity for all students.

Sick	Calm	Frustrated	Mad/Angry
Sad	Happy	Worried	Mean
Tired	Focused	Silly	Yelling/ Hitting
Bored	Ready to Learn	Excited	Out of Control
Blue	Green	Yellow	Red
What Zone Are You In?			



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Beauty Career Taster - Let's get fabulous!

On Friday 12 May, select Year 9 students went to South Metro TAFE in Mandurah for the Career Beauty Taster course. Coastal Lakes College students got creative by exploring make up and nail design!

In this taster experience, students were taken on a tour through the new facilities at Mandurah campus. They also learnt tips and tricks when applying make-up. Students designed and created their own nail art and applied fake eyelashes.

There are more Career Tasters coming up in a variety of industries. Once they are advertised, students will need to submit an expression of interest to ensure they don't miss out.



Employment Buddy Program

Year 11 & 12 students in Inclusive Education started the Employment Buddy Program this term. Every Tuesday, Mrs Reddall drives her students and support staff by bus to the Cockburn Health and Community Facility to participate in the program. Over 10 weeks, students will participate in workshops that focus on developing practical, employability and work readiness skills.

The Employment Buddy Program is a specialised work readiness program for students with disabilities. The structured program covers 24 work ready topics, under the guidance of a qualified and passionate teacher. It is a unique opportunity for students to learn, grow and prepare for employment in the future. Each week students will also be completing life skills tasks, including ordering lunch and crossing roads. The service also provides students with on-the-job training by providing them with the opportunity to try work experience in an industry of their choice.



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Learning Area Update - Coastal Lakes College Hub

Hydrotherapy

The hydrotherapy team has been working closely with the student's therapists to update some of our existing plans and welcome new 2023 students into the hydrotherapy program. One of our new students seems to thoroughly enjoy the freedom and relaxation of water in her sessions, as well as working committedly to complete her stretches and exercises too.

Lava Lamps

Our students have been exploring Chemical Sciences and investigating states of matter and they have made their own lava lamps using household ingredients. Students followed a procedure to create their bubbling lava lamp, while others made choices via visual prompts. The lava lamps have doubled as a sensory choice in the classroom.

Australian Landscapes

Another class have investigated Australian landscapes, their flora and fauna, and their formation. To get the students excited about the research, they were asked to create their landscape either in Minecraft, Lego or using Play-doh. These images were then embedded into their digital presentation with support from teaching staff. The students made connections to sustainability, environmental threats and human impact.

In The Community

Our students participating in an ASDAN 'Out in the Community' module have attended places and facilities within the community to assist in building independence and encourage their comfort in continuing to access these outside of College. We have been visiting Lakelands Library, Muffin Break and went to the Containers for Change Exchange in Mandurah. The students are also able to contextualise their learning about money in purchasing items and also road safety awareness in using public transport.



Enterprise

In exploring an enterprise cycle, Year 11 and 12 students worked on a Green Thumbs Enterprise Project; creating an idea, developing and selling a product and reflecting on the success of our small business. Over the past term students have cultivated small plants and created bespoke macramé hangers. The finished products look absolutely beautiful and are currently being sold to fund the next round of Enterprise.



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Ms Grincer



Mr Lambert



Ms Vandenberg



Ms Brewer-Wijlams



House Point Update

House Point Tally	
Diplomats	42,887
Explorers	34,627
Analysts	38,331
Sentinels	34,930

Top students from Diplomats are Harriet H. and Nate H.

Top students from Explorers are Mitchell W. and Grace B.

Top students from Analysts are Madie S. and Kelvyn C.

Top students from Sentinels are Eli B. and Shani P.



Student Voice

The 2023 Student Voice has begun! Student Voice involves students actively participating in the College, communities and the education system, contributing to decision making processes and collectively influencing outcomes by putting forward their views, concerns and ideas. At the beginning of term 2, 36 students between Years 7- 10 participated in the first student voice planning session, where they discussed all the issues that matter to students within the College. The students then went back to their classes and ran a ten-minute planning activity with their class. Over the year they will now be developing solutions to the issues which have been discussed.



Term 2 is an exciting time for the Student Voice! Student Voice participants are busy planning their presentations for their Morning Tea with Administration Monday, Week 10. 20 selected Student Voice participants will also be representing Coastal Lakes College at the 2023 City of Mandurah Youth Leadership Forum on 14 June at Peel Thunder Football Stadium.

Journey from Boyhood to Manhood

The Positive Support Team have been nurturing our young male students as part of the Journey from Boyhood to Manhood program.

"Try not to become a man of success, but rather try to become a man of value."
- Albert Einstein

The program covers 20 topics such as independence, masculinity and relationships. All of which help young men develop a better understanding of the journey to manhood and to value what it takes to develop into a better man, one with courage and conviction.

"If boys don't learn, men won't know." - Douglas Wilson



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Positive News at Coastal Lakes College

Director General Visit

This term we had the honour of welcoming the Director General for the Department of Education, Lisa Rodgers to our College. It was a fantastic opportunity to showcase the amazing things that we are doing to provide education to our students. We were able to discuss important educational policies and the Director General was impressed by our commitment to providing well-rounded, inclusive education that prepares students for success in the future. It was truly a memorable day for all of us at Coastal Lakes College.

National Volunteer Week

Coastal Lakes College celebrated National Volunteer Week this week and we had the pleasure of learning about Mark Stephens, a Volunteer Mentor at the College.

Visit our Facebook page to read the full discussion with Mark.

Art Showcase Preparation Underway

Students from Year 7-11 have been working hard at preparing their pieces for the Coastal Lakes College Art Showcase which will be taking place in Week 9, this term.

Attendees can look forward to a variety of sculptures and portraits as well as dance, drama and music performances as well as much more throughout the course of the showcase.

Walk Safely to School Day

Coastal Lakes College celebrated Walk Safely to School Day on Friday 19 May. The aim was to improve the environment and our daily exercise routines. Students were encouraged to walk, ride or scoot safely (with helmets) to College to win house points and go in the running to win canteen vouchers.

By promoting alternative transportation, we are able to fund further teaching programs, biking equipment and health and wellness resources for current and future students.



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Coastal Lakes College Bake Off

Coastal Lakes College is excited to have acclaimed former royal baker, Fiona Burton, joining us as a guest judge for our student bake off challenge. This event provided a unique opportunity for student bakers to showcase their skills and have their work critiqued.

As a highly respected and sought-after baker, Fiona is most famous for being a royal baker at Buckingham Palace where she prepared meals for the royal family as well as her innovative techniques. She is also the Perth Royal Show Pastries and Cakes Judge and she runs her own Sugar Art Academy which was established in 2020.

Fiona has been at Coastal Lakes College throughout the term to mentor students, conduct master classes and teach them the industry secrets of the culinary world.

"We are thrilled to have Fiona as a guest judge for our bake off challenge," said Justine Campbell, Food Technologies Teacher at Coastal Lakes College. "Her expertise and creativity will inspire our students, and we are confident that her feedback will help them improve their skills and techniques, preparing them for success in the future."

"It has been an amazing opportunity to teach and mentor young aspiring bakers and chefs and I have been blown away by the student's enthusiasm. I would love to see them compete in the next professional pastry and cake competition at the Perth Royal Show" said Fiona.

We were also honoured to have City of Mandurah Councillor, Amber Kearns, attend as a guest judge.

"It was pretty amazing to spend time with the extraordinary Year 11 students from Coastal Lakes College, as they showcased their STEAM skills in this bake-off extravaganza, and to be one of the judges was actually harder than it looked" said Amber.

The bake off challenge featured a variety of categories, including cupcakes, sugar cookies, and pastries. Participants were judged on their creativity, presentation, and taste, and the winners received prizes and recognition for their achievements.



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Upcoming Events

July Holidays ATAR Revision and Skills Development Courses

Enrolments are now open for Academic Task Force - ATAR Revision Courses and Skills Development Courses held during the July School Holidays.

Visit www.academicgroup.com.au or call 9314 9500 to enrol your child.

ATAR Revision Program for Years 11 & 12

ATAR Revision Courses will help your child maximise their grades and strive for a top ATAR. Our courses are designed to help your child revise ATAR course content. Work through and get feedback in answering exam-style questions in preparation for exams. Courses are 10-hours (2 hrs a day, over 5 days) in most ATAR subjects, plus specially designed Essay Writing and Study Skills courses.

Skills Development Program for Years 7-10

Skills Development Courses will help boost your child's confidence and help improve your child's marks. Each course is 6-hours (3 hrs a day, over two days) in Maths, English, Creative Writing Essay Writing and Learning Skills.

Fogarty Futures Leadership Conference

The Fogarty Futures Leadership Conference is a four-day camp running from the 29th of September to the 2nd of October 2023, that offers 45 students from across Western Australia the opportunity to engage in workshops, hear from motivational speakers and connect with like-minded students.

The conference has had the pleasure of hosting many influential speakers such as Fiona Wood and WA Chief Scientist Peter Klinken. Students also have the ability to participate in valuable leadership workshops and activities including politician panels and public speaking and networking seminars.

Applications will open on the 5th of June for Year 10 & 11 students and will remain open until mid July. Visit fogartyfutures.org for more information.



Early Bird SAVE 10%
Enrol by Monday 12th June '23
to save 10% HURRY!

July ATAR Revision Courses Yrs 11-12

Revise subject content and
Prepare for exams

@ ACADEMICGROUP.COM.AU

Enrol Today



Early Bird SAVE 10%
Enrol by Monday 12th June '23
to save 10% HURRY!

July Skills Development Courses Yrs 7-10

Improve your school results

@ ACADEMICGROUP.COM.AU

Enrol Today



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.

Upcoming Dates

Event	Date
Year 10 Exams	22-26 May 2023
Year 11 Exams	29 May-9 June 2023
Western Australia Day Public Holiday	5 June 2023
Year 11 Semester 2 Starts	11 June 2023
Year 10 & 11 OLNA – Writing	12-13 June 2023
Year 10 & 11 OLNA – Reading & Numeracy	14-23 June 2023
Celebration Assembly	29 June 2023
Last Day of Term	30 June 2023



COASTAL LAKES
COLLEGE

Imagine, Believe, Inspire & Achieve.